

## Lap Band Procedure

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Patients coming to TopSurgeons seeking Lap Band Surgery begin with a consultation. Once all questions have been answered and approval is given for the procedure, a patient then is cleared to move forward.

With Lap Band Surgery, a number of small incisions are made and the lap band is placed around the upper portion of the stomach. The idea behind the lap band is to prevent too much food from being consumed. An individual will still receive the necessary nutrients for their body, without overeating. One of the many advantages of the lap band is it is adjustable. The lap band is adjusted by increasing or decreasing saline which will inflate or deflate the band. Adjusting the lap band simply requires a visit to your surgeon's office.

The goal with the lap band is to see weight loss anywhere from one to three pounds a week. Individual weight loss amounts will vary from patient to patient.

Individuals who have Lap Band surgery will discover that they need to follow a proper diet, including not consuming certain foods and beverages.