

How Lap Band Works

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The Lap Band System involves a device that is implanted into the stomach area in an operation generally taking less than an hour. The premise of the Lap Band System is to help individuals lose weight and keep the weight off. Unlike some traditional weight loss programs where they weight goes away but then comes back, the Lap Band System can help individuals keep the weight off permanently.

Allergan was behind the adjustable gastric banding in the United States, and the procedure continues evolving.

The term lap band derives from the minimally invasive surgical technique used (laparoscopy) and the silicone gastric band placed around the upper part of one's stomach. The Lap Band System works by helping patients to limit their food intake and supporting long-term, sustainable weight reduction.