

BMI and Lap Band Surgery

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Among the items that the lap band specialist will look for in seeing if an individual meets the Lap Band Requirements is where the patient's Body Mass Index (BMI) is. The BMI can be as low as 27 and more normally in the range of 35 to 40.

If a person's BMI is between 26 and 29, they are generally considered to be overweight. Those individuals with a BMI of 30 or higher are thought to be obese, meaning they can be at risk for health issues. Individuals with a BMI of 40 or more are considered to have severe or "morbid" obesity and might be a candidate for surgery. For some individuals who find their BMI in the area of between 35 and 40, lap band surgery might also be a choice if they show they have other medical conditions.